

BCSP

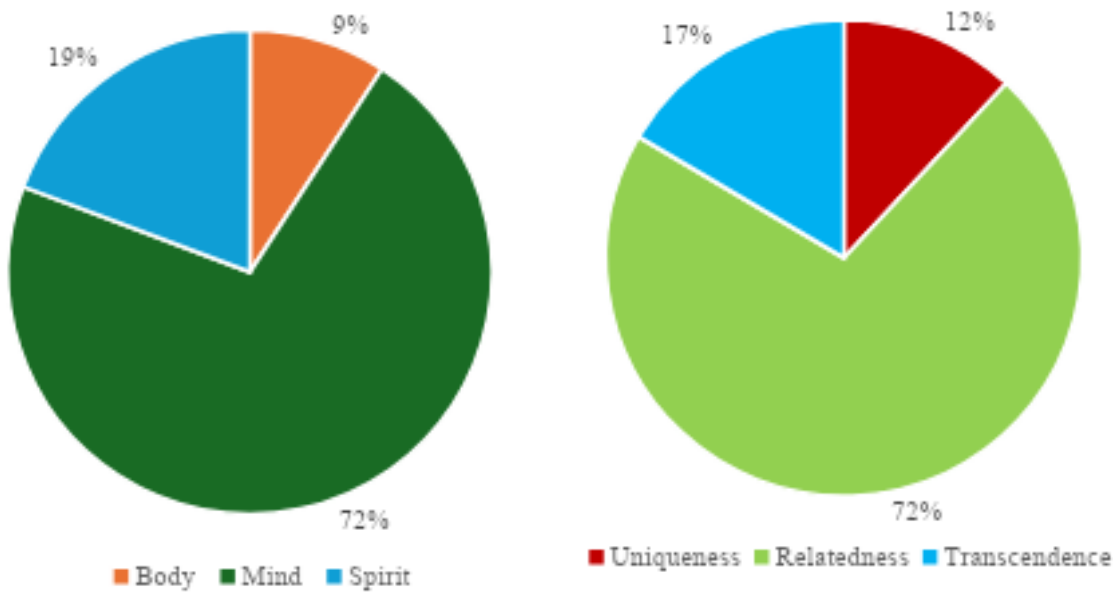
UCB¹

UC Berkeley's program appears well-rounded. Psilocybin focus. It presents a good combination of experientials and theory. I appreciated the *eight core domains of knowledge* presented on their website. A potential weakness, shared with all universities, is the lack of psychedelic experientials. In an email communication on 7/7/23, a program representative explained that: ...as a public, funded university, *we are not allowed to facilitate ceremonies that include substances that are illegal in the US*. They are aware of the downsides of this limitation (shared by many others and partaking in the current debate on the need for direct experience). Besides that, like all programs nested in a University, it seems deeply devoted to JEDI, reciprocity, and access themes, with what to me appeared as a dedicated effort to honor and include Indigenous perspectives while challenging the medical paradigm without ignoring it. A good focus on trauma and in a variety of potential applications (mood, anxiety, palliative, terminal care...). They seem to offer access to legal psychedelic experiences: *Eligible trainees may also choose to participate as healthy volunteers in BCSP's legal, FDA-approved psilocybin research studies* as part of a research project, but as expressed above, verbal communication suggested otherwise. The program includes various interesting and somewhat unique features, such as a distinction between working with palliative care, terminal illness, and *Complex Grief and Existential Distress*. It also shows respect for the spiritual aspect of PDs, with topics such as *substances and sacraments, Awe, Gratitude, and Kindness*, and ritual aspects of the work. Likewise (and here it seems to be in line with other universities), a critical bent, comparing the

¹ Retrieved circa 7/2023

Western and indigenous paradigms, Cultural Competence, Cultural Humility, Intersectionality, Critique of the Biomedical model, equity, and community involvement. As a result, it is not surprising that it has an LL dominance but looks balanced and comprehensive.

UC Berkeley Center for the Science of Psychedelics (BCSP) Distribution of Course Material



BCSP Course Outline

Course title	Coding
Introduction to Psychedelic Facilitation	
The Psychedelic Facilitation Certificate Program: A group spiritual journey	1. M
Spiritual Care and Client Communication	2. M 3. S
Introduction to Ancestral Entheogenic Traditions	4. M 5. S
The Neuroscience of Psychedelics Part 1	6. M
The Neuroscience of Psychedelics Part 2	7. M
Attributes and Attitudes of an Ideal Psychedelic Facilitator	8. M
Providing Psychedelic-Assisted Therapy Part 1	9. M
Fourfold Tibetan-based Vision Quest Meditation Experiential	10. B 11. M 12. S

Course title	Coding	
History, Regulation, and Policy: Foundations of Modern Psychedelic Research	13. M	
Exploring our Personal Lineage and History	14. M	15. M
Cultural Competence and Cultural Humility, Intersectionality	16. M	
Making Decisions with Biomedical Evidence: Intro to Evaluation and Critique of Biomedical Data on Psychedelic Therapies	17. M	
Modern Psychedelic Therapy Protocols (psilocybin and MDMA)	18. M	
Mindfulness of Breathing Guided Practice and Discussion	19. M	
Foundations		
Providing Psychedelic-Assisted Therapy Part 2	20. M	
Understanding and Working with Trauma	21. M	
Emotional Awareness	22. B	
Science and Practice of Compassion-Based Interventions	23. M	24. S
Before a Spiritual Experience	25. M	26. S
Shamanism and the Traditions	27. M	28. S
Entheogenic Rituals	29. M	30. S
The Diaspora of the Traditions	31. M	
History of the Modern Psychedelic Movement	32. M	
Racial and Class Injustice: Historical and Current Impacts of U.S. Drug Policy on Individuals and Communities of Color	33. M	
Spiritual Integration: Enhancing Existing Supportive Relationships	34. M	35. S
Broadening the Lens		
Trauma's Relationship to the Body	36. M	
Working with Specific Diagnoses	37. M	
Transference, Countertransference and Boundaries	38. M	
Extrinsic Barriers: Harm and Distrust in Healthcare System and Medical Industrial Complex	39. M	
Trauma and Traumatic Stress Resulting from Systemic Oppression	40. M	
Science of Fear Experiential	41. B	42. M 43. S
Guilt, Shame, Disgust, and Embodied Emotional awareness	44. B	45. M
Survey of Global Mushroom Traditions	46. M	
Mazatecs and Psilocybin Mushrooms (Los Niños Santos)	47. M	
Ritual Aspects of working with Psilocybin Mushrooms	48. M	49. S
Potential, Practices, and Paradigms		
Boundaries During the Psychedelic Session	50. M	

Course title	Coding	
The Effect of Psychedelics on Personality, Personal Growth, and Well-Being	51. M	
Psychedelics in the Population: What population-level Data tells us	52. M	
Working with Psychological Distress During Psychedelic Sessions	53. M	
Harm Reduction	54. M	
Psychedelic Therapy for Mood and Anxiety Disorders	55. M	
Psychedelic Therapy in Palliative Care	56. M	
Caring for Terminal Illness	57. M	
The Western Paradigm	58. M	
Indigenous Paradigms	59. M	
Mindfulness of Phenomenon and Feelings	60. B	61. M
Trauma, Psychedelics, and Access		
Classic Psychedelics for Trauma-Related Disorders	62. M	
MDMA-Assisted Psychotherapy for Trauma-Related Disorders	63. M	
Comparative Therapeutic Models	64. M	
Safety for Trauma Resolution and Risks Associated with Re-traumatization	65. M	
Substances and Sacraments	66. S	67. M
Psychedelics for Non-Mental Health Conditions	68. M	
Accessibility	69. M	
The Westerner as a Client in Traditional Settings	70. M	
Spiritual Trauma	71. M	72. S
Awe, Gratitude, and Kindness: Experiential	73. B	74. M
Compassion	76. M	77. S
Community, Reciprocity, and Service		
Oregon Psilocybin Services Act	78. M	
Entheogenic Traditions and Psychedelic-Assisted Therapies: What can we learn from one another? Part 1	79. M	
Entheogenic Traditions and Psychedelic-Assisted Therapies: What can we learn from one another? Part 2	80. M	
What is Cultural Equity?	81. M	
Cultural Containers and Harm Reduction	82. M	
Equanimity Practice and Discussion	83. M	84. M
Integration	85. M	
Psychedelics, Group Therapy, and Community Integration	86. M	
Repressed Trauma Emerging During a Psilocybin Experience	87. M	
Loss, Sadness, and Grief-Experiential	88. B	89. M
		90. S

Course title	Coding	
Complex Grief and Existential Distress	91. M	
After a Spiritual Experience	92. M	93. S
Guided Practice Sessions	94. B	95. M
Beyond the Personal Psychedelic Experience	96. M	97. S
Mindfulness of the Mind	98. M	99. S
Ethical Considerations: Equity, Privilege, Rank, Bias, and Power: Designing Solutions for Culturally Equitable Research and Care	100. M	
Neoliberalism and the Racial Politics of the Training Industry	101. M	
Practicum: Holotropic Breathwork-Experiential	102. B	103. M
Practicum: Group Spiritual Journey	105. B	106. M
Awareness, Meta Awareness, Non-Duality-Experiential	108. S	
Community Service Project with OAEC	109. M	
Reciprocity and Ecological Awareness	110.M	

Note. B = body; M = mind; S = spirit. Green shading represents relatedness/ interpersonal content; red shading represents uniqueness/interpersonal content; and blue indicates transcendence/transpersonal content.

AQAL Analysis for BCSP

<ol style="list-style-type: none"> 1. Spiritual Care 2. Fourfold Tibetan-based Vision Quest Meditation Experiential 3. Exploring our Personal Lineage and History 4. Mindfulness of Breathing Guided Practice 5. Emotional Awareness 6. Transference, Countertransference 7. Science of Fear Experiential 8. Guilt, Shame, Disgust, and Embodied Emotional awareness 9. The Effect of Psychedelics on Personality, Personal Growth, and Well-Being 10. Mindfulness of Phenomenon and Feelings 11. Awe, Gratitude, and Kindness: Experiential 12. Compassion 13. Equanimity Practice and Discussion 14. Integration 15. Loss, Sadness, and Grief-Experiential 16. Mindfulness of the Mind 17. Holotropic Breathwork-Experiential 18. Awareness, Meta Awareness, Non-Duality-Experiential 	<ol style="list-style-type: none"> 19. The Neuroscience of Psychedelics Part 1 20. The Neuroscience of Psychedelics Part 2 21. Attributes and Attitudes of an Ideal Psychedelic Facilitator 22. Making Decisions with Biomedical Evidence: 23. Intro to Evaluation and Critique of Biomedical Data 24. Modern Psychedelic Therapy Protocols (psilocybin and MDMA) 25. Understanding and Working with Trauma 26. Science of Compassion-Based Interventions 27. Before a Spiritual Experience 28. Trauma's Relationship to the Body 29. Psychedelic Therapy for Mood and Anxiety Disorders 30. Classic Psychedelics for Trauma-Related Disorders 31. MDMA-Assisted Psychotherapy for Trauma-Related Disorders 32. Psychedelics for Non-Mental Health Conditions 33. Repressed Trauma Emerging During a Psilocybin Experience
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47. Indigenous Paradigms	70. Working with Psychological Distress During Psychedelic Sessions
48. Substances and Sacraments	71. Harm Reduction
49. The Westerner as a Client in Traditional Settings	72. Psychedelic Therapy in Palliative Care
50. Spiritual Trauma	73. Comparative Therapeutic Models
51. Entheogenic Traditions and Psychedelic-Assisted Therapies: What can we learn from one another?	74. Safety for Trauma Resolution and Risks Associated with Retraumatization
52. What is Cultural Equity?	75. Accessibility
53. Cultural Containers and Harm Reduction	76. Oregon Psilocybin Services Act
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AQAL Configuration for BCSP

